



மனோன்மணியம் சுந்தரனார் பல்கலைக்கழகம்
MANONMANIAM SUNDARANAR UNIVERSITY

**SYLLABUS FOR CERTIFICATE IN BEAUTY CARE AND COSMETICS PROGRAM
OFFERED THROUGH DIRECTORATE OF VOCATIONAL EDUCATION
(COMMUNITY COLLEGES AND VOCATIONAL SKILL DEVELOPMENT CENTRES)
FROM 2019 - 2020**



கல்விசார் நிலைக்குழுக் கூட்டம்

**MEETING OF THE STANDING COMMITTEE ON
ACADEMIC AFFAIRS HELD ON WEDNESDAY
THE 22nd JANUARY 2020.**

CERTIFICATE IN BEAUTY CARE AND COSMETICS

அழகு பேணுதலும் மற்றும் அழகு சாதன பொருட்கள் பராமரிப்பு சான்றிதழ் படிப்பு

SCHEME OF EXAMINATION

Subject Code	Title of the Course	Credit	Hours	Passing Minimum
C19BY11/E19BY01	Basic Beauty Care	6	90	40/100
C19BY12/E19BY02	Advance Skin And Hair Therapy	6	90	40/100
C19BYP1/E19BYP1	Practical I-Skin Care Treatments	4	120	40/100
C19BYP2/E19BYP2	Practical II-Hair Care Treatment	4	120	40/100
C19BYPW E19BYPW	Project	10	150	40/100

Eligibility for admission: Pass in 10thstd examination conducted by the Govt. of Tamil Nadu Board of Secondary Education, Government of Tamil Nadu or any other equivalent examination.

Examination: Passing Minimum for each Course is 40%. Classification will be done on the basis percentage marks of the total marks obtained in all the Courses and as given below:

40 % but less than 50 %	- Third class
50 % but less than 60 %	- Second class
60 % and above	- First class

SYLLABUS

Course I	:	Basic Beauty Care
Course II	:	Advance Skin and Hair Therapy
Course III	:	Practical I-Skin Care Treatments
Course IV	:	Practical II-Hair Care Treatment
Course V	:	Project

Program Objectives:

- To manage the students professional skills and their attitude
- To manage self owned parlour
- To develop the students communication skills
- Produce a capable and capable workforce
- To develop their knowledge in skincare treatments, hair care treatments makeup, haircut techniques, hairstyling, facials and massages

COURSE I

(C19BY11/E19BY01)BASIC BEAUTY CARE

Objectives:

- The students to know about basics of an beautician course
- To develop their skills

Unit I

18 Hrs

BASIC STUDY ABOUT COSMETOLOGY

Basics, Structure and functions of Skin and Hair- Beauty care in public- Nutrition and diet in Beauty care- Feed to the skin- Skin and hair type analysis- CTM

Unit II

18 Hrs

HERBAL COSMETIC PREPARATIONS

Herbal Hair pack preparation- Herbal Oil preparation- Herbal Gel preparations- Cream preparation- Massage Oils preparation- Therapeutic Oil preparation- Perfume preparation

Unit III

18 Hrs

PERSONALITY DEVELOPMENTS

Self Analysis- Self esteem- Communication and body language- Stress management- Risk taking and problem solving- Work motivations- Creativity- Client Counselling- Developing attitude of coping with change- Administration

Unit IV

18 Hrs

ENTREPRENEURIAL DEVELOPMENTS AND TRAINING

Introduction to Entrepreneurship- Characterization of women entrepreneur- Crisis Management- Financial Management- Personal Management- Effective social and business communication- Resource Mapping (Market Survey)- Costing and pricing of the products- Materials required for the beauty clinic.

Unit V

18 Hrs

Field work-Small Scale industries-Beauty parlour arrangements.

Reference Books:

1. NCFT Heights Institute Book
2. Beauty care and Cosmetics-By Dr. Prabha Reddy(V Care)
3. Standard Cosmetology, 2016 edition, Milady.

Course II

(C19BY12/E19BY02)ADVANCE SKIN AND HAIR THERAPY

Objectives:

- To learn advance techniques about Skin and Hair

Unit I

18 Hrs

HAIR CARE

Anatomy of Hair-Follicles and Strength of Hair-Hair growth circle-Hair bond

Unit II

18 Hrs

HAIR TREATMENTS

Keratin Therapy (advance therapy for hair and its nourishment)-Organic Oil massage (stimulate hair growth)-Hair Smoothing -Intake and homecare for Hair fall

Unit III

18 Hrs

ADVANCE HAIRSTYLE AND HAIRCUT

Haircut

Blunt haircut-Innovative haircut-Mushroom Haircut - Mushroom Blunt cut-Feather Cut-Pot Cut.

Hairstyles

Nanching hairstyle-Waterfalls hairstyle-Fish braid-Dignity Rolls-Two – in – one Roll-Cross Roll-Highly western Bridal-French with Funky

Unit IV

18 Hrs

Saree Wearing & Makeup

Saree Wearing

South Indian-Guajarati-Bengali-Srilankan.

Makeup:

Indo Western Bridal Makeup-HD Bridal Makeup-Knowledge about Bridal Makeup

Unit V

18 Hrs

Body Massage with Aroma Oils (fragrance in oils will stimulate the nerve-Body Parts-Ayurvedic Pedicure-Crystal Wax-Product Knowledge

Facial

Non surgical Skin lifting facial-Skin Peeling Treatment-Dry Fruit Facial-Alpha Hydrolytic Acid Facial-Serum facials for pigmentation-Insta white treatment with needleless Mesotherapy-How to handle machines.

Reference Books

- NCFT Heights Institute Book
- Beauty care and Cosmetics-By Dr. Prabha Reddy(V Care)
- Standard Cosmetology, 2016 edition, Milady

COURSE III

PRACTICAL I

(C19BYP1/E19BYP1)SKIN CARE TREATMENTS

List of Exercises

Facial Treatment to the Skin

- Bleaching
- Facial for Normal Skin
- Facial for Dry skin
- Facial for Oily Skin
- Facial for Sensitive Skin
- Facial for Acne
- Facials for Wrinkles
- Facials for ageing Skin
- Facial for Pigmentation
- Facial for Black Spots
- Enhancing beauty for eyes
- Pimple Treatment
- Spirulina Facial
- Skin Whitening facial
- Galvanic facials
- Veg Peel Treatment
- Gold Glow facial
- Silver facial
- Pearl facial
- Oxygen Facial

Make Up

- Light Make Up
- Day Make Up
- Evening Make Up
- Traditional Make Up
- Bridal Make Up

COURSE IV

PRACTICAL II

(C19BYP2/E19BYP2)HAIR CARE TREATMENT

HAIR TREATMENT

- Hot Oil massage
- Dandruff Treatment
- Hair fall treatment
- Damaged hair treatment
- Henna conditioning- Henna Coloring
- Hair deep conditioning for dull and dry hair
- Split ends treatment
- Egg Shampoo treatment
- Brushing and massaging of the hair.

HAIR TEXTURE CHANGING

- Hair Smooth and straight instant set
- Hair Straightening
- Hair Perming
- Hair hot waving
- Hair coloring- Hair streaking
- Blow drying and soft setting
- The art of back combing.

HAIR CUT AND HAIRSTYLES

- Attitude and appearance of a Hair Dresser
- Angle system of hair cutting

Haircuts

- Baby cut
- Boy cut
- Short layer cut
- Diana Cut
- Long “V” cut
- long “U” cut
- Long layer cut

HAIRSTYLES

- Basic hairstyles
- Front setting- Short hair styles
- Reception hairstyles
- Reception hairstyles
- Bridal hairstyles
- Top knots
- French knots
- special occasion hair style
- Pony hairstyles
- Twist knots
- simple pleats
- Fantasy hairstyles
- hairstyles with decorations
- Creative hairstyle.

PHYSIC CULTURE

- Eyebrow Shaping
- Manicure
- Pedicure
- Advance nail art culture
- Temporary tattooing
- Bindi Designs
- Hair bleach

Mehandi

- Traditional Mehandi
- Arabic Mehandi
- Jardoshi Mehandi
- Nail polish Mehandi

Course V

(C19BYPW/E19BYPW)PROJECT

TOPICS

- Computerised Makeup
- Procedure to Start Parlour
- 80's Bridal awareness
- Indo western Bridal
- Corrective Makeup
- Awareness of cosmetology in Bridal Makeup
- Makeup in ancient times
- Why foreigners like Indian massages and Aroma Oils
- Bridal groom – Bridal Package
- Body massage and its health benefits
- Treatments for Skin (using machines)
- Treatments for hair(hair fall, hair growth, dandruff)
